



# YOUTH | Division of Youth Services

A Division of the Department of Human Services  
@UCNJYOUTH | #UCNJYOUTH

**FCIU (Family Crisis Intervention Unit)** – Operated 24 hours a day, seven days a week. Our staff of trained case managers can help parents and kids explore and act on solutions to problems such as parent/child conflicts, truancy, runaway behavior, poor school performance, mental health issues, substance abuse, and related personal problems. Bilingual assistance in Spanish, Portuguese and Haitian Creole is available. You can contact us directly to request Family Crisis Intervention Unit assistance.

Once all reasonable efforts to resolve a crisis are exhausted, FCIU may opt to file a Family Crisis petition with Superior Court, Family Division. Contact (with questions): [www.ucnj.org/youth](http://www.ucnj.org/youth), 908-558-2520.

**Parents in Action Support Group (in English & Spanish)** – These parent educational support groups build families' strengths by providing parents with information, skills, and principles essential for children to become caring, competent, responsible and resilient. With these new skills, parents can then help their children become productive citizens.

Sessions are five weeks long and take place four times per year throughout Union County. Child activities and refreshments provided. Contact (enroll or with questions): [www.ucnj.org/youth](http://www.ucnj.org/youth), 908-558-2520.

**Anger Management Group Session** – (12-18 yrs. old) Anger management is the process of learning to recognize signs that you're becoming angry and taking action to calm down and deal with the situation in a positive way (Mayoclinic.org). The Anger Management Program equips youth with the tools and skills to improve their emotions that create difficulties for them in school, family relationships and social situations.

Sessions are for eight weeks and take place three times per year throughout Union County. Contact (with questions): [www.ucnj.org/youth](http://www.ucnj.org/youth), 908-558-2520. You can fax your referral form to 908-558-2540 or email to Ray Cotto at [rcotto@ucnj.org](mailto:rcotto@ucnj.org).

**Shoplifting Prevention Group Seminar** – (10-18 yrs. old) Serves as an alternative method for school administrators, parents, and law enforcement agencies to increase awareness and decrease shoplifting offenses amongst our youth population. Referrals may be made by the courts, police departments, parents and service providers. The seminar includes what youth need to know about shoplifting to improve decision-making skills. Shoplifting Prevention Seminar includes a panel made up of a detective, security compliance officer, and an Assistant Prosecutor from the Union County Prosecutor's Office.

Seminars take place three times per year throughout the county for 1.5 hours per session. Contact (with questions): [www.ucnj.org/youth](http://www.ucnj.org/youth), 908-558-2520. You can fax your referral form to 908-558-2540 or email to Ray Cotto at [rcotto@ucnj.org](mailto:rcotto@ucnj.org).

**Students Helping Out (S.H.OUT-UC) Union County**– SHOUT UC accepts applications from high school students looking to use their talents and critical thinking skills to affect positive change in their community. SHOUT offers a wide range of resources and volunteer opportunities that give high school students the best volunteer community service experience.

Students looking to get more involved with businesses, organizations, and institutions throughout Union County must fill out an application online. The program is an excellent opportunity to complete required high school community service hours, develop new relationships with local businesses and a chance to network with people who are committed to ensuring Union County high school student's futures.

Our success has always been a result of the involvement of our citizens, community leaders and business owners who care about the future of Union County students. Contact (to apply or with questions): [www.ucnj.org/youth](http://www.ucnj.org/youth), 908-558-2520.

**\*\*\* All our programs are free of charge.**

